

The VOLNEWMER And SHURINK Lifting Strategy To Increase Patients' Satisfaction

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From the moment I opened my clinic, I had a clear plan: **SHURINK for HIFU and VOLNEWMER for RF**. This decision was based on their strong brand recognition both domestically and internationally, as well as my long-term clinical experience confirming their consistency, safety, and reliable outcomes. Currently, our clinic operates three SHURINK units and three VOLNEWMER units.



Four Key Advantages of VOLNEWMER

VOLNEWMER offers multiple strengths, but four stand out most prominently.

1. Excellent Clinical Efficacy

VOLNEWMER is a monopolar RF device that delivers both **immediate collagen contraction** and **delayed collagen remodeling**, resulting in improved volume and skin elasticity. Patients can perceive a lifting effect immediately after treatment. In my experience, its clinical outcomes are fully comparable to those of other leading RF devices. I strongly believe that patient satisfaction with VOLNEWMER significantly contributes to our clinic's high revisit rate.

2. Stable Water-Based Cooling and Fast Treatment Speed

Compared to gas-based cooling systems used in other RF devices, VOLNEWMER's **water-cooling system is equally stable** while offering superior consistency. Stable cooling is essential for treatment standardization, and an added benefit is its lower maintenance cost compared to gas cooling systems.

Another advantage is treatment flexibility. If discomfort occurs during **static mode**, the procedure can be seamlessly switched to **moving mode** without interruption, allowing customization based on each patient's pain sensitivity. In addition, the short interval between shots enables fast treatment sessions. Faster procedures significantly enhance patient comfort.

3. Simple and Intuitive User Interface

The interface is clean and highly intuitive. Shot counts are displayed clearly in large numbers, and once the preset number of shots is reached, an alarm sounds and the system automatically locks. With two handpieces available, treatments using multiple tips can be performed smoothly without delays. The flexibility of the tips and the ergonomic grip of the handpieces are also highly satisfactory.

4. Outstanding Cost-Effectiveness

VOLNEWMER's low maintenance costs allow clinics to offer treatments at a more accessible price point. Pain levels are mild, and patients frequently describe the treatment sensation as "luxurious" and refined. In particular, the **immediate collagen contraction effect** is often mentioned as especially impressive.

Clinical Outcomes of Combination Treatments

For patients with **thicker skin, significant sagging, or those seeking noticeable results in fewer sessions**, SHURINK is my primary choice. Conversely, when treating patients with



thin skin, superficial wrinkles, and fine lines, or those who wish to minimize discomfort, I prefer VOLNEWMER.

However, skin thickness and laxity vary by facial area, making it essential to target both superficial and deep layers for optimal synergy. Areas requiring deep structural lifting—such as the jawline and submental region—are treated with SHURINK, while areas where fine wrinkles and surface laxity are predominant—such as the cheeks and forehead—are treated with VOLNEWMER.

In general, younger patients tend to prioritize facial slimming, so I increase the proportion of SHURINK treatments. As patients age, I gradually increase the proportion of VOLNEWMER to address skin quality and elasticity.

SHURINK Treatment Strategy

At our clinic, we utilize all SHURINK cartridges. Among them, **4.5 mm and 3.0 mm cartridges targeting the SMAS layer** are used most frequently. The **2.0 mm cartridge** is primarily applied to periorbital wrinkles but also shows good results for forehead wrinkles and drooping eyebrows. The **1.5 mm cartridge** is used to improve skin texture and is often added to RF treatments or applied to neck wrinkles, where patient satisfaction has been consistently high.

Our **Ultra Booster program using Aurora Ampoule** is also popular. After SHURINK treatment, the ampoule is not wiped off but instead finished with LDM or similar procedures, enhancing overall outcomes.

VOLNEWMER Treatment Strategy

We primarily use the **I-tip (0.25 mm)** and the **V-tip (4.0 mm)**. For efficiency, our clinic prefers the V-tip over the 3.0 mm F-tip when treating larger areas such as the full face, using energy levels of **2.5–3.0**. The I-tip is mainly used for periorbital fine wrinkles at **energy level 2.0**, but it can also be applied to perioral wrinkles with increased energy levels of **2.0–3.0**.

Treatments are generally performed using **repeat mode** in either static or moving techniques. For patients with sensitive skin or heightened pain sensitivity, energy levels are lowered or shot intervals are extended.

Why I Recommend This Combination

Most lifting treatments are commonly combined with injectable procedures such as **botulinum toxin (including skin botox)** or **fat-dissolving injections**, as these combinations align well with treatment goals and enhance overall outcomes. I also frequently combine treatments with **PN- or calcium-based skin boosters**.

Our typical protocol involves performing **VOLNEWMER or SHURINK first**, followed by injectable treatments and post-procedure care. The **SHURINK Tightening Band program** is particularly popular and is often included in treatment packages. Patient responses have been very positive, making it an excellent option for post-treatment management.